



**Family
Note**

You may want to repeat this activity from time to time to see if there is much weight change over time. Once in a while, try estimating weights of other things. Weigh them and check the weights against your estimates.

Guess how much you weigh. Weigh yourself on a scale to check your estimate.

A young beaver weighs about 40 pounds. Do you weigh more or less than a young beaver?

Try to assemble a pile of objects on a bath scale that weighs about the same amount as you.

