Counting Up and Back



Good rote counting skills help children become aware of the patterns and the structure of our number system.

In addition to counting actual objects, children enjoy the rhythm and pattern of reciting numbers in order, or rote counting. Encourage them to count as far as they can. From time to time, help them go a little further. Children gain a real sense of power when they are able to reach 100.

Practice counting to 100.

First, start counting at 1. Then start at other numbers: 15, 27, 45

Count backward sometimes. Rocket liftoffs, timers, and microwaves count down to 0. Try starting from the teens or higher numbers too: 13, 12, 11

