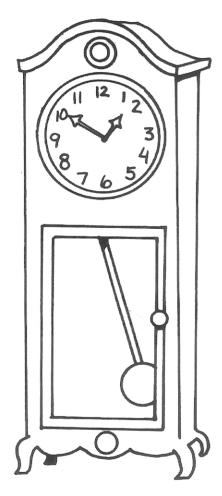
Timing Seconds and Minutes







As children become more aware of time and clocks, help them make connections between time and activities that they enjoy. For example, sometimes when children are going to watch a favorite TV show, let them be responsible for turning the television on at the correct time. Explain where the hour and minute hands will be on the clock. Drawing a picture or setting the hands of a play clock for the correct time can be helpful.



Try being a "person timer."
Saying "one thousand"
before each number you
count is like timing in
seconds. For example, "One
thousand one, one thousand
two" will take about two
seconds to say.

Try to guess how long a minute lasts. Clap your hands when you think a minute has passed. Check the clock to see how close you were.

