Counting Steps

A Letter to Parents about Home Links

When children are read to, they learn to love books and want to become readers themselves. In the same way, children develop positive feelings about mathematics by sharing pleasurable experiences as they count, measure, compare, estimate, and discover patterns in everyday life.

Kindergarten Home Links provide a guide to a variety of activities that parents and children can share in a spirit of exploration and enjoyment, much as they share interesting stories.

The reward for young children is that mathematics will not become a puzzling abstraction, but will make sense to them as part of their real world



Keep in mind that children enjoy counting things. Be on the lookout for opportunities to practice this skill. You'll be pleasantly surprised how counting things brings about many playful and productive mathematics activities. Counting hops, skips, jumps, and side-steps helps children develop counting skills, as well as coordination.

Count the steps you need to walk from the sidewalk to the front door (or any two places). Try to walk the same distance with fewer steps or with more steps.



Get into the counting habit!

When you take a walk, try hopping, skipping, jumping, or side-stepping a certain number of times.